is there really nothing so practical as a good theory?

D-O-T-S theory

S:	self awareness	-	*'who am I?'*
O:	opportunity awareness	-	*'where am I?'*
D:	decision learning	-	*'what will I do?'*
T:	transition learning	-	*'how will I cope?'*

career-learning theory

Se:	sensing	-	*'getting enough to go on?'*
Si:	sifting	-	*'in useful order?'*
F:	focusing	-	*'knowing where to probe?'*
U:	understanding	-	*'and what happens if...?'*

hermeneutic theory on 'subjective' careers

Ob: 'objective' talk & thought -   **Su:** 'subjective' thought & feeling -

'meaning much-the-same for me as for other people'   *'ways-of-seeing are in me as in no other person?'*

narrative theory

P:	people -	*'who is involved?', 'how do they influence each other?', 'what feelings does this uncover?'*
Set:	setting -	*'what beliefs and values do people have?', 'in what roles?', 'who is in a position to do what?', 'who are "insiders", and "outsiders"?'*
Ta:	talk -	*'what are people thinking?', 'what do they say?', 'who is paying any attention?', '... to whom?', 'and who is stuck?'*
E:	events -	*'what's goes on?', 'why?', 'who's version gets most "air time"?', 'is that all that there is to say?', 'what part does luck play?'*
M:	meaning -	*'can anybody see any point?', 'are there other points-of-view?', 'who is trying to get what out of it?'*

DOTS, SeSiFU, Ob-Su, & PSetTaEM! - if you are not now confused, you are just not paying attention - but then, just look at the possibilities for helping