

### career-management talk device

the boxes hold examples of words that crop up in episodes in career management

the episode could be of informal life or of a formal programme

sort out your own words to tell your story

arrange the word left-to-right in the order they appear in your story

show how...

- > some are feel-good - like 'healed' in the story
- > some are neutral - like 'changed' in the story
- > some are feel-bad - like 'bored'

also show how..:

- > some quickly pass like 'pain' in this story
- > some stay like 'harmed'
- > some lead to other experiences - like 'changed'

this is your story telling of how you navigated through life's ups-and-downs - to keep, re-write, and show to others - as you move on in life

